

Below is the proposed itinerary for the trip. As is true on any adventure travel trip, plans for any specific day may be modified due to weather considerations, unforeseen circumstances, new opportunities, and group interests.

DAY 1

Meet in St. George, Utah - Welcome Dinner

Our trip starts today at the St. George, Utah airport (SGU). Plan on flying in by 3:30PM to meet the group by 4PM. It's a small but bustling airport. Nestled in a vast expanse of red rock scenery, St. George is listed as one of the best places to live in the United States and on the list of Fortune 500's "Great Places to Retire In." We'll start getting to know each other and have a trip orientation in the evening before sharing our first dinner. Bedtime is likely to be early tonight! (D) Overnight: Abbey Inn

DAY 2

Explore Snow Canyon, Travel to Zion

After an early breakfast, we'll load up and drive to a nearby hidden gem. Our first hike of the trip is at Snow Canyon State Park, a 7,400-acre scenic park quietly tucked amid lava flows and soaring sandstone cliffs in a strikingly colorful and fragile desert environment. We will see a little bit of everything the park has to offer on a loop connecting the following trails: Butterfly, Lava Flow, West Canyon, Red Sands, Whiptail, and Petrified Dunes. (4.8 miles, 639 feet elevation gain) Amidst a backdrop of red rocks and sage brush, we'll have a picnic lunch here before continuing on to Zion. Tonight we'll eat dinner in the open dining area at the Lodge where we can watch the sun slip away beneath the horizon and the stars come out to play. (B,L,D)

Overnight Zion Lodge.

DAY 3

Hike Watchman and Angel's Landing

This morning we'll beat the crowds and the heat on an out and back hike of the Watchman Trail. At the top, hikers are rewarded with sweeping views of the neighboring Springdale area, and the namesake of the trail, The Watchman rock formation. (3.1 miles, 646 feet elevation gain). In the afternoon we'll hike to Scout's Lookout on a wide paved path that has approximately 2 miles of ascending switchbacks. From this junction, the trail follows a narrow ridge (there are chains for support) out to a fantastic overlook high above Zion Canyon called Angels Landing. Due to issues like erosion and hiker safety, Zion National Park now requires a permit for those hiking to Angels Landing. If you don't have a fear of heights and would like to hike Angels Landing while on this trip, you will need to apply for an individual permit. Details can be found on the National Park website here: [National Park website](#). (B, L, D)

Overnight: Zion Lodge

DAY 4

Drive to Bryce Canyon National Park, Hike Peekaboo Loop

We get up early this morning for the 2 hour drive to Bryce. The drive itself is wonderfully scenic and if you've never seen Bryce Canyon, your first look over the rim will take your breath away - as will the elevation, which at 7500 feet is something you may feel when you hike. Our trail today is the Peekaboo Loop (or Queen's Garden and the Navajo Loop depending on trail conditions). In contrast to yesterday where we climbed up out of Zion Canyon, today we'll start by descending into Bryce Canyon. This 6 mile trail follows a loop around a major formation. Constantly changing views provide an excellent opportunity to see hoodoos, or pinnacles of

Canyon. This 6 mile trail follows a loop around a major formation. Constantly changing views provide an excellent opportunity to see hoodoos, or pinnacles of weathered rock, from the bottom up. After completing our hike we'll drive back to Zion, stopping at a restaurant where the food is rivaled only by the view and ambiance. (B, L, D) Overnight: Zion Lodge

DAY 5

Hike Emerald Pools, Return to St. George, UT for Flights Home

Today we'll explore the Emerald Pools Trail. The hike to the Upper Pool is about 2.5 hours round trip and passes through the lush environment of the lower pool and the dry environment of the upper pool with waterfalls in between. (3 miles, 620 feet elevation gain) We'll plan to leave Zion by 1:30PM and be back in St. George by 3:30PM you can get a flight home after 5:00PM (B, L)