

Below is the proposed itinerary for the trip. As is true on any adventure travel trip, plans for any specific day may be modified due to weather considerations, unforeseen circumstances, new opportunities, and group interests.

DAY 1

Arrive Cardiff, Welcome and Introductions

Arrive in Cardiff and check into your city centre hotel at 3 p.m. today. We'll meet at the bar at 3:30 p.m. for a welcome chat before embarking on an insightful and intimate walking tour of the city. We'll end with an early evening welcome dinner. Those of us who just arrived will undoubtedly be jet-lagged, so we'll make sure we get to bed early. (D)

Overnight: Cardiff, Hotel Indigo (or similar)

DAY 2

Transfer to St. Davids, Hiking on the Gower Peninsula

Today, our journey unfolds with a transfer to the enchanting St Davids, nestled along the stunning Pembrokeshire coast. Along the way, we'll pause to hike in the natural wonders of the Gower Peninsula, the first Area of Outstanding Natural Beauty in the UK. Here, amidst the captivating landscapes, we'll explore the remnants of Pennard Castle, majestically perched on elevated terrain, providing sweeping vistas of the idyllic Three Cliffs Bay and its picturesque surroundings. Our journey then continues onwards to the quaint city of St Davids, where we'll settle into the comforts of our hotel before dinner. (B, L, D)

Overnight: St Davids | Twr Y Felin Hotel or Similar

Hiking: 6 km / 4 miles

DAY 3

Explore St Davids and the Pembrokeshire Coast Path

Wake up to the invigorating fresh sea air, and after breakfast, step out of your hotel to explore a scenic stretch of the Pembrokeshire Coast Path. Along the way, visit the ruins of St Non's Chapel and the bustling harbour at Porthclais. Hike along the stunning coastline, keeping an eye out for porpoises in Ramsay Sound. Finish your walk at Whitesands Bay, a fantastic sandy beach known for great surfing. Take a break, soak up the sun, and enjoy the tranquillity after a nice walk. Later, visit St Davids Cathedral and Bishop's Palace before heading back to your hotel for a relaxed evening. (B, L, D)

Overnight: St Davids | Twr Y Felin Hotel or Similar

Hiking: 13 km / 8 miles

DAY 4

Crossing Wales- Eryri National Park, famous Devil's Bridge Falls

Enjoy a leisurely breakfast this morning before heading north into Eryri (Snowdonia) National Park. Along the way, we'll stretch our legs during a visit Devil's Bridge Falls, famous for its waterfalls and the unique three-tiered stone bridge that spans the Rheidol Gorge. The name "Devil's Bridge" actually refers to three separate bridges built on top of each other. The first bridge was constructed by monks in the 11th century, the second in 1753, and the third in 1901. Each bridge serves as both a functional crossing and a testament to the area's historical significance. After lunch, a slightly longer transfer will take us to our boutique country house hotel nestled in the foothills of Yr Wyddfa. (B, L, D)

Overnight: Caernarfon | Celtic Royal Hotel or Similar

DAY 5

Hiking the Miners Trail, Historic Train to Snowdon- Yr Wyddfa

Snowdon, also known as Yr Wyddfa in Welsh, proudly stands as the highest mountain south of the Scottish Highlands. Though its elevation of 3,560 feet may not compete with the giants of the world, Snowdon remains an impressive and rewarding peak, shaped over time by the forces of glaciers. Today we have a few options for your Yr Wyddfa adventure, for those wishing to opt for a leisurely ascent of the peak you'll be able to ride the historic Snowdon Mountain Railway to the summit and back from Llanberis. Those who wish for a little more can join on a hike from Pen-y-pass along the Miners Track to the summit with the option to descend by foot or by train. (B, L, D)

Overnight: Caernarfon | Celtic Royal Hotel or Similar

Hiking: 13 km / 8 miles

DAY 6

The Llŷn Peninsula and Caernarfon Castle

After a big day on the hill yesterday, today we'll stretch our legs and breathe in the sea air on a walk along the flat sandy beaches of the Llŷn Peninsula, an Area of Outstanding Natural Beauty. Along the way take some time to sit on the golden sands and take in the serene views and pristine beaches that surround you. After lunch, we'll make our way back to Caernarfon where we will visit the Castle ahead of our final dinner at our hotel. (B, L, D)

Overnight: Caernarfon | Celtic Royal Hotel or Similar

DAY 7

Conwy Castle and Departures. Hwyl fawr!

After a hearty breakfast, we drive to the magnificent seaside town of Conwy, known for its UNESCO- designated medieval buildings, particularly Conwy Castle. We'll meet our local guide who will talk us through the history on an insightful walking tour. After lunch we'll continue to Manchester airport, arriving at approximately 3:00

Meet our tour guide who will take us through the history of the highway, waiting to see what we'll choose to do when we get to Manchester airport, arriving at approximately 5:00 p.m. for flights or connections to other trains. Hwyl fawr! (B, L)