

Below is the proposed itinerary for the trip. As is true on any adventure travel trip, plans for any specific day may be modified due to weather considerations, unforeseen circumstances, new opportunities, and group interests.

DAY 1

Arrive Duluth by 3PM, Welcome Dinner

Today is arrival day! Arrive in Duluth by 3pm today. It's a lovely city, right on the shores of Lake Superior, and an interesting place to spend some time if you can arrive early. Lake Superior is considered the "Greatest of the Great Lakes" boasting the largest body of freshwater on earth! Our introduction and orientation dinner will be this evening. More details about the meeting place will be in the pre-trip letter. (D)

DAY 2

Drive to Tofte, snowshoe around Oberg Mountain

We will get a quick breakfast and drive up to Tofte, about two hours from Duluth, and share a lunch at the Coho Cafe - a local gem! After checking into our condos, we'll stretch our legs with a snow shoe walk on nearby Oberg Mountain (weather permitting). Following a short climb to the top, there is a relatively flat loop trail leading to 8 different overlooks, offering a perfect introduction to the area. We'll end our day with a hearty dinner and afterwards enjoy relaxing in the hot tub or sauna, or just sit in our comfortable living room in front of a cozy fire and gaze out the window at the vast frozen lake. (B, L, D)

DAY 3

XC Ski Instruction in the Morning, Ski, Snowshoe or Relax in the Afternoon

This morning we'll go for a cross country ski near Bluefin Bay. The trails are appropriate for a variety of skill levels, including those who have never been on skis before. Your guides will provide the instruction you need to learn and improve your skiing techniques. In the afternoon you may choose to relax and read at the condos, do some snowshoeing, or perhaps go out for another ski. Those wanting down time are welcome to relax at the resort and take advantage of its many amenities. (B, L, D)

DAY 4

Full day dogsledding

Today is our dog sledding day! We get up early to meet our dogs and guides. Sled dogs are some of the funniest, friendliest, quirkiest dogs around and they love running through the wintry woods. After learning how to harness and hook them up, we're off for a full day of sledding. We'll drive the sleds across lakes and over gentle rolling hills, learning how to assist the dogs by "pedaling" and "scootering". We will experiment with shifting our weight on the runners to help the sled turn as well as jumping on and off the runners when we're going uphill. After an active morning we will take a break and cook lunch over an open fire. With two women in every sled, you have the opportunity to switch between the active position of driving the sled and the more relaxing activity of sitting cozily bundled in the sled and watching the spectacular winter scenery go by. We guarantee that if you love dogs, you'll adore this adventure! We'll return to our condos in time to freshen up prior to our dinner out at Bluefin restaurant. (B, L, D)

DAY 5

Cross country ski at Pincushion Mt, visit Grand Marais

We plan to ski at Pincushion Mountain, a great cross-country ski area with a variety of trails on the North Shore. Or, if more snowshoeing is what you desire, we will explore a scenic trail at George Washington Pines. While playing in the snow, we'll enjoy a picnic lunch at a nearby warming hut before finishing our activity. Any

explore a scenic trail at George Washington Pines. While playing in the snow, we will enjoy a picnic lunch at a nearby warming hut before finishing our activity. Any remaining time for the day can be spent exploring the shops and galleries of Grand Marais or exploring more trails by ski or snowshoe. Grand Marais is a charming and friendly town and well worth a visit. We'll head back to the Condos at Bluefin for appetizers, conversation and our last shared dinner together. (B, L, D)

DAY 6

Hike along Temperance River, Return to Duluth by 3:30PM

Today we'll hike along a nearby gorge, giving us the chance to see the winter beauty of the river and experience the power and majesty of nature in this spectacular frozen season. We will plan to share a final lunch and leave Tofte by 1PM. We will be back at the Duluth airport no later than 3:30 PM. The Duluth Airport is small and easy to navigate; you can plan to fly out any time after 4:30 PM. (B, L)