



ADVENTURES  
*in good company*



## ADVENTURES IN THE CARIBBEAN

### Trip Summary

#### HIGHLIGHTS

- The best snorkeling in the USVI, swimming amongst the coral reefs and shoreline mangrove forests
- Sea kayaking in crystal clear waters, including at the notable Coral Reef National Monument
- Relaxing on the quiet, white sand beaches, floating in the warm Caribbean waters, and enjoying tasty picnic lunches
- Relishing time with the group at the deluxe villa property, hanging out in the soft hammocks enjoying the Caribbean breeze and the gorgeous sunrise and sunset
- Island-style hiking to explore ruins and find the best views; swimming and snorkeling included along the way
- Stand up paddle boarding - great for spotting underwater wildlife and exploring the beaches and coves of the Island

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## TRIP AT A GLANCE

Location:	St John, U.S. Virgin Islands
Activities:	Multisport
Arrive:	Fly into St. Thomas by 3:00 p.m. on Day 1 in order to meet at our lodging on St. John by 6:00 p.m.
Depart:	Flights out of St. Thomas any time after 12:00 noon. on the last day

### Trip Overview

Are you seeking a tropical island getaway, but you want more than just beach time? The Island of Saint John is the smallest and least crowded in the U.S. Virgin Islands, as well as the most pristine and enchanting. With two-thirds of the Island designated as protected national park, it has some of the world's most beautiful beaches, and is the ideal Caribbean destination for hiking, exploring the natural wonders of the sea, and for its solitude. On this trip we blend the perfect mix of a distinct island-life experience, all the best active adventures available, and still allow for plenty of time to relax on the beach or sit by the pool at the luxurious villa lodging. Join us as we sea kayak turquoise waters, snorkel amongst the vibrant sea life, try standup paddle boarding along the coast, and hike around the Island - enjoying the sweeping vistas at every turn. The group will be the exclusive guests at a splendid, one-acre compound of villas with several pools, breathtaking views of the Island, and several terrific beaches within walking distance. Your savvy guides are in the know about all things St. John and will also be happy to tailor the trip to the group's interests. Maximum group size: 11

### Rating

This trip is designed for women who want an active vacation in a warm winter environment, not your typical beach vacation. You should be comfortable in the water, and while you always have the option of taking a day off for relaxing you will be able to fully enjoy all the activities if you are active and in good condition. The trip is rated 2. Prior to beginning the trip, participants should be walking regularly at a **brisk** pace 3 to 4 days a week for 35 - 45 minutes. **Rating:** 1 **2** 3 4 5.

### What's Included

- A local guide and an AGC guide
- Seven nights lodging in a beautifully appointed villa south shore of St. John with swimming pools, hot tub, and tennis court
- Meals from dinner on Saturday through dinner the following Friday (except juice, soda, and alcoholic beverages). Some meals are in restaurants, others will be prepared at our lodging by your guides.
- All kayaking, snorkeling, paddleboarding and equipment
- half-day sailing charter

- All transportation once you arrive in St John, including pick-ups and drop-offs at the Cruz Bay Ferry Dock at trip start and end

**Not included:** Travel to and from St John, beverages excluded above, guide gratuities, and travel insurance.

## OUR ITINERARY

Below is the itinerary we have planned for the trip. As is true on any adventure travel trip, plans for any specific day may be modified due to weather considerations, unforeseen circumstances, new opportunities, and group interests.

### DAY 1

Today is a busy day. After arriving at the airport in St. Thomas, we'll be taking taxis, ferries, and shuttles to our lodging on St. John, the smallest of the three US Virgin Islands. 60% of St. John's land is comprised of national park and is one of the best protected areas in the Caribbean. Once we've had a chance to settle in, we'll introduce ourselves, have a brief orientation to this trip and our lodging for the next week, and share the first of many delicious dinners together.

### DAY 2

Today is full of kayaking and snorkeling. We'll start the day with kayaking instruction on the beach in Cruz Bay, learning how to use our muscles most efficiently and how to get in and out of kayaks safely. If you've never received formal instruction, you'll be surprised how much a few basic tips can improve your kayaking. We'll practice our new strokes as we paddle to Honeymoon Beach, stopping to snorkel the seagrass bed and look for turtles and rays. Next, we paddle to Henley Cay for some superb reef snorkeling. Multi-hued fish abound and if you have never snorkeled in the Caribbean, you'll be amazed at the variety and vibrancy of colors. After resting and refueling with a healthy picnic lunch, we paddle on to Lovango Cay for more snorkeling. We'll return to Cruz Bay in late afternoon for a hearty dinner.

### DAY 3

Today we will enjoy a little free time in town to do some shopping before we head out for our adventure. We will drive to the east end to visit an active salt pond and enjoy an easy .25 mile walk to Drunk Bay. This is a great spot to view some of the British Virgin Islands and see some interesting coral sculptures along the rocky windswept beach. We will then enjoy a swim and snorkel at yet another beautiful beach. For those interested we will offer a 2-mile roundtrip hike to Rams Head Point for a sweeping view.

### DAY 4

Today is our introduction to the rapidly growing sport of stand-up paddle boarding (SUP). We'll spend the morning learning the basics of SUP in calm, protected waters. After everyone is comfortable on the boards, we will go for a short paddle. Afterwards, those who want to do a more adventurous paddle can join us for a long paddle to an offshore cay. Those who prefer not to can relax and swim on the lovely beach. Whichever you choose, it's another lovely day in the Caribbean.

## DAY 5

Today we're back in the kayaks as we kayak the Coral Reef National Monument in Hurricane Hole. Our trip begins with a ride from our lodging to Princess Bay on the East End of the island in our safari-truck. We'll kayak through the mangrove-lined bays of Water Creek, Otter Creek, and Princess Bay and discuss the importance of mangrove forests in protecting our shoreline and in providing habitat for juvenile fish. We'll also snorkel in the mangroves, and get to see schools of juvenile snappers, barracuda and starfish, colorful sea anemone, and more. We'll enjoy a delicious picnic lunch near Turner Point and from here we will paddle to Borck Creek and onto our final stop at a small white sand beach for a nice reef snorkel.

## DAY 6

We see more of the interior today on our hike to Waterlemon Cay and Brown Bay. We'll begin with a ride to see the ruins of the sugar plantation at Annaberg. After a walk through the ruins, we will hike along the shoreline to Leinster Bay and to Waterlemon Cay, where the snorkeling is superb! We'll rest from our hike and have a picnic lunch on the beach before hiking onto Brown Bay. We'll enjoy a swim here and perhaps a quick snorkel before hiking back to the vehicle at Annaberg.

## DAY 7

We will cap off our week in the islands with some time spent sailing the crystal-clear Caribbean waters. Enjoy the island breeze one last time via sailboat while you snorkel, explore, island hop, or sunbathe - passenger's choice! We will end our day with a delicious, farewell dinner.

## DAY 8

It's definitely going to be hard to tear ourselves away from this island paradise! You can leave anytime this morning. It takes a couple of hours to get back to St Thomas and the first ferry leaves at 7:00 a.m., so you probably shouldn't plan to fly out before 12:00 noon. Of course, you may want to stay around and continue your Caribbean adventure.

## ADDITIONAL TRIP INFORMATION

### Getting There

There are three steps in getting to our lodging on St. John.

- You will fly into the St Thomas Island Cyril E. King Airport (STT), where you will want to arrive by 3:00 p.m.
- From the airport you will take a taxi van to one of three marinas that run ferries to St. John. Each of the marinas have different departure schedules and range in price from approximately \$20 to \$40 round trip. Additional information will be provided in the Pre-Departure Document.
- From Cruz Bay we will arrange shuttles to our lodging. Shuttle times will be determined once we know everyone's arrival times.

### Getting Home:

At the end of our trip, you will do the same thing in reverse to get back to St Thomas. The first ferry leaves at 7:00 a.m. and the St Thomas Airport recommends getting there three hours early, so don't plan to fly out before 12:00 noon.

Your Pre-Departure document will contain detailed instructions for each of these steps.

If you would like assistance with airfare, we recommend contacting our AirDesk Partner, [Exitto Travel](#). Start by submitting this [form](#). Just fill in your dates and destinations, including any additional notes about preferred carriers, class of service, possible stopovers, etc., and an agent will typically respond via email within a few hours. If you prefer to call, the number is 800-655-4053; be sure to tell them you are traveling with Adventures in Good Company.

Please note: Exitto charges a one-time, non-refundable processing fees of \$35 per passenger.

### Accommodations

We'll be staying in a beautifully appointed villa on the South Shore of St. John that was designed to catch balmy island breezes and display spectacular sunsets. This villa was built for relaxation (or "limin" as they say in the islands), and offers an infinity pool and hot tub, private tennis and pickle-ball court, and comfortable lounge chairs and big soft hammocks for enjoying a good book or some star gazing. Spread out in 4 separate houses with a total of 7 bedrooms, 8 baths, and a shared great room with a kitchen, bar, and dining area.

<https://greatexpectationsstj.com/>

Our trip cost is based on both single and double occupancy. Please select your choice of accommodation based on what is available when you register. There is no charge for standard double rooms. We have categorized the rooms for your selection.

- Five standard double occupancy rooms
- One single occupancy suite

Availability of each type of room will be clearly noted at the top of your registration form. Be sure to 'check' your choice.

## Travel Insurance

We recommend that you purchase a travel protection plan to help protect you and your travel investment against the unexpected. For your convenience, we offer travel protection through Travelex Insurance Services. For more information on the available plans or to enroll, visit [www.travelexinsurance.com](http://www.travelexinsurance.com) or call 1-800-228-9792 and reference location number 06-0331.

Travelex Insurance Services, Inc CA Agency License #0D10209. All products listed are underwritten by, Berkshire Hathaway Specialty Insurance Company, NAIC #22276.

## CANCELLATION POLICY

Cancellation charges reflect the many expenses Adventures in Good Company cannot recover if you cancel, even if you must do so due to illness, injury, or personal emergencies. These fees are not meant to be punitive. The charges made reflect the expenses Adventures in Good Company has incurred in administering your reservation and planning for your participation. We recognize that the majority of those who cancel their reservations do so out of necessity. Please note that we do not make any refunds for any unused portion of your trip, not arriving, arriving late, or leaving the trip early.

[Click here for our Cancellation & Payment Policies and Booking Terms & Conditions.](#)