



ADVENTURES  
*in good company*



## APPALACHIAN AUTUMN ADVENTURES

### Trip Summary

#### HIGHLIGHTS

- Riding well-trained horses on forest trails and back roads
- Whitewater rafting on the Chattooga River
- Hiking on the legendary Appalachian Trail
- Savoring a sumptuous brunch at Wolf Mountain Vineyards
- Enjoying down time and camaraderie

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## TRIP AT A GLANCE

Location:	Dahlonega, GA
Activities:	Multisport
Arrive:	Arrive 12:00 PM at the Atlanta, GA airport (ATL) on Day 1
Depart:	We'll be at the airport by 4:00 PM for flights after 5:30 PM on Day 4

### Trip Overview

Northern Georgia, the jumping off point for the Appalachian Trail, offers an astounding array of activities for those who like to get out and play in the crisp, invigorating air of fall. On this four-day getaway, we will sample as much as we can! From a mountain retreat outside of Dahlonega, enjoy exciting activities, including horseback riding on forest trails, hiking on the legendary Appalachian Trail, and whitewater rafting on the Chattooga River. In between, we will have time for relaxing and enjoying each other's company. The trip will wrap up with an outstanding brunch at a local winery.

Maximum group size: 12

### Rating

This trip is suitable for any healthy active woman who loves being active outdoors in the fall and exploring this beautiful area with its rich culture that ranges from its Appalachian roots. The hikes we've chosen are reasonably short but they are in the mountains, so women should be in sufficient condition to hike uphill for a couple of hours. A rating of 2 is suitable for any woman who regularly walks at a **brisk** pace 3 to 4 days a week for 35 - 45 minutes. **Rating:** 1 **[2]** 3 4 5.

### What's Included

- 1 - 2 experienced AGC guides based on group size
- Roundtrip transportation to and from the Atlanta Airport
- All meals from dinner on Day 1 through brunch on the final day
- Three nights lodging in a beautiful vacation home shared by the group
- All activities on the itinerary, including horseback riding, rafting, and hiking

**Not Included:** Airfare to and from Atlanta airport (ATL) or the stable/lodging if driving (ATL), guide gratuities, alcoholic beverages, and trip insurance.

## OUR ITINERARY

Below is the itinerary we have planned for the trip. As is true on any adventure travel trip, plans for any specific day may be modified due to weather considerations, unforeseen circumstances, new opportunities, and group interests.

### DAY 1

We pick you up at the Atlanta (ATL) airport at 12 p.m. and begin our adventure with an afternoon of horseback riding. We'll start with a short lesson, making sure that everyone is comfortable on her horse and knows the basics of riding. Our two-hour trail ride is just the right length- long enough that we can enjoy the scenery and cover some ground on forest trails and backwoods roads, but not so long that we are too stiff to walk afterwards! After our ride, we continue to our amazing vacation home for a hearty and delicious dinner. Well-fed and well-exercised, we will be ready for bed tonight! (D)

### DAY 2

After a hearty breakfast, we're off for a day of whitewater rafting on the Chattooga River. If the name of the river sounds familiar, yes - it is where Deliverance was filmed. Regardless of what else you remember about the film you were undoubtedly struck by the beauty of this river. The section we'll be paddling is known for its breathtaking scenery, abundant plant and wildlife, and playful Class 2 and 3 rapids, ending with one big Class 4. This raft trip is suitable for women without previous rafting experience and even if you don't think rafting is your cup of tea, it's really the only way to experience the river's solitude and wildness. After a full day of excitement, we'll return home for another delicious dinner and relaxing evening. (B, L, D)

### DAY 3

After another hearty breakfast, we will don our hiking boots for a 6-mile hike on the Appalachian Trail from Jarrard Gap to Neel Gap, crossing Blood Mountain. Blood Mountain is the highest peak on the Georgia section of the Appalachian Trail and the sixth-tallest mountain in Georgia, with an elevation of 4,458 feet. There are scenic views from the large rock formations that top the mountain, as well as a two-room stone shelter built in 1934 by the Civilian Conservation Corps. Our hike will probably take about five hours, as we stop often for pictures and to eat lunch. After some significant up and down, we end our hike at the only place on the AT where the trail passes through a man-made structure: Mountain Crossings Outfitter. This final evening, we'll have a chance to relax and enjoy ourselves with a casual dinner and the option for a trip into Dahlonega to explore the town. (B, L, D)

### DAY 4

Our breakfast will be rather light this morning because we need to save room for the brunch at Wolf Mountain Vineyards! Yumm!! Brunch is typically buffet style and served with a glass of Estate wine. Since getting a little exercise before being presented with a feast is always a good idea, we'll first go on a casual 2-mile hike at DeSoto Falls. After savoring our last meal together, we head to the airport where you can plan a flight out after 5:30 PM. (B, L)

## ADDITIONAL TRIP INFORMATION

### Getting There

For those flying: Plan to arrive at the Hartsfield-Jackson Airport (ATL) in Atlanta, GA in time to meet your group at 12:00 PM. You will meet in the airport atrium in the center by the clock. For those driving: Meet at the riding stable at 1:30 PM. Afterwards, you can follow the group to the lodging where you can leave your car. Alternatively, you can leave your car at one of the airport parking lots and meet the group at the airport. More details on the location of the riding stable will be included in the pre-departure document.

If you would like assistance with airfare, we recommend contacting our AirDesk Partner, [Exito Travel](#). Start by submitting this [form](#). Just fill in your dates and destinations, including any additional notes about preferred carriers, class of service, possible stopovers, etc., and an agent will typically respond via email within a few hours. If you prefer to call, the number is 800-655-4053; be sure to tell them you are traveling with Adventures in Good Company.

Please note: Exito charges a one-time, non-refundable processing fee of \$35 per passenger.

### Accommodations

We will spend three nights in Dahlonega, GA at two neighboring properties: The [Retreat on the Ridge](#) and the [Rice Ridge Farm House](#). The main house has 7 bedrooms and 5.5 bathrooms. Rooming options include: 1 Deluxe Single in the master bedroom with private bathroom and sitting room, 2 Single bedrooms with shared bathrooms, 2 Double occupancy rooms (each with one bed and one rollaway), and a Bunkroom with 4 beds (10% discount). The Rice Ridge Farm House has two Single rooms and two bathrooms. Please note that the Rice Ridge Farm House is a separate structure and involves a short walk to get to the main house. The properties are seven miles north of downtown Dahlonega with spectacular panoramic views, a saltwater pool, and two fire pits. The room type can be selected at registration.

### Travel Insurance

We recommend that you purchase a travel protection plan to help protect you and your travel investment against the unexpected. For your convenience, we offer travel protection through Travelex Insurance Services. For more information on the available plans or to enroll, visit [www.travelexinsurance.com](http://www.travelexinsurance.com) or call 1-800-228-9792 and reference location number 06-0331.

Travelex Insurance Services, Inc CA Agency License #0D10209. All products listed are underwritten by, Berkshire Hathaway Specialty Insurance Company, NAIC #22276.

## CANCELLATION POLICY

Cancellation charges reflect the many expenses Adventures in Good Company cannot recover if you cancel, even if you must do so due to illness, injury, or personal emergencies. These fees are not meant to be punitive. The charges made reflect the expenses Adventures in Good Company has incurred in administering your reservation and planning for your participation. We recognize that the majority of those who cancel their reservations do so out of necessity. Please note that we do not make any refunds for any unused portion of your trip, not arriving, arriving late, or leaving the trip early.

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